

| | | |
|----------|------------------|----------------------------------|
| REGION | NORTH OF ENGLAND | Track Events Start in Lane |
| AREA | WEST | |
| DIVISION | Division 3WC | |
| MATCH | 4 | |
| P/FINISH | NO | 1 |

Date Saturday, August 10 2019]

Venue @ Ashton-under-Lyne

Host Club East Cheshire Harriers & Tameside AC

| Bib | Team Name | Abbrev. | Officials | Track1 | Relays | Field | Total |
|-----|-------------------------------|---------|-----------|--------|--------|-------|-------|
| 1 | Border H & AC | Bord H | 45 | 69.0 | 9.0 | 44.0 | 167.0 |
| 2 | Burnley AC | Burn | 20 | 77.0 | 14.0 | 87.8 | 198.8 |
| 3 | Bury AC | Bury | 45 | 201.0 | 26.0 | 151.1 | 423.1 |
| 4 | East Cheshire H & Tameside AC | ECHT | 45 | 152.0 | 28.0 | 114.1 | 339.1 |
| 5 | Kendal AAC | Kend | 25 | 44.0 | | 106.8 | 175.8 |
| 6 | Trafford AC | Traff | 25 | 166.0 | 34.0 | 168.3 | 393.3 |
| - | | | | | | | |
| - | | | | | | | |

| Posn | Team Name | Points | League | B/fwd M | B/fwd L | Total M | Total L | Standings |
|------|-------------------------------|--------|--------|---------|---------|---------|---------|-----------|
| 1 | Bury AC | 423.1 | 6.0 | 1301.00 | 18.00 | 1724.1 | 24.0 | 1 |
| 2 | Trafford AC | 393.3 | 5.0 | 1140.00 | 15.00 | 1533.3 | 20.0 | 2 |
| 3 | East Cheshire H & Tameside AC | 339.1 | 4.0 | 960.00 | 12.00 | 1299.1 | 16.0 | 3 |
| 4 | Burnley AC | 198.8 | 3.0 | 694.00 | 7.00 | 892.8 | 10.0 | 4 |
| 5 | Kendal AAC | 175.8 | 2.0 | 775.00 | 6.00 | 950.8 | 8.0 | 5 |
| 6 | Border H & AC | 167.0 | 1.0 | 723.00 | 5.00 | 890.0 | 6.0 | 6 |
| | | | | | | | | |
| | | | | | | | | |

| | |
|------------------------------------|----|
| TOTAL EVENTS | 39 |
| NO COMPETITORS/EVENT CANCELLED/NMR | 2 |
| EVENT SCORED | 37 |
| REMAINING | - |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

100m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------------|--------|------|
| 1 | 6 | LIVINGSTON Jerel X | Traff | 11.4 |
| 2 | 5 | FLEMING Matthew | Kend | 11.7 |
| 3 | 1 | SALKELD Matthew | Bord H | 11.8 |
| 4 | 4 | ALLISON Roman X | ECHT | 11.8 |
| 5 | 3 | MALHOTRA Akshay Y | Bury | 12.2 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

100m Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|-------|------|
| 1 | 44 | DUNCAN Joshua | ECHT | 11.9 |
| 2 | 66 | DANIA Ayoola X | Traff | 12.0 |
| 3 | 55 | SANDERS Ollie X | Kend | 12.2 |
| 4 | 33 | SHEPHERD Nathan Y | Bury | 12.3 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

200m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------------|--------|------|
| 1 | 4 | COOGAN Mike | ECHT | 23.1 |
| 2 | 2 | AGHO-PETER Osasu X | Burn | 24.2 |
| 3 | 6 | DANIA Ayoola X | Traff | 24.5 |
| 4 | 3 | SHEPHERD Nathan Y | Bury | 24.6 |
| 5 | 1 | SALKELD Matthew | Bord H | 24.8 |
| 6 | 5 | FLEMING Matthew | Kend | 25.3 |
| 7 | | | | |
| 8 | | | | |

200m Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|-------|------|
| 1 | 44 | DUNCAN Joshua | ECHT | 25.3 |
| 2 | 22 | LAWRENCE Reece Y | Burn | 25.4 |
| 3 | 66 | OPARANOZIE Nkem | Traff | 25.7 |
| 4 | 3 | SHEPHERD Nathan Y | Bury | 26.1 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

400m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------------|--------|------|
| 1 | 1 | SALKELD Matthew | Bord H | 54.0 |
| 2 | 6 | JONES Alex | Traff | 54.3 |
| 3 | 2 | AGHO-PETER Osasu X | Burn | 55.5 |
| 4 | 5 | FLEMING Matthew | Kend | 59.2 |
| 5 | 3 | EVANS Jon | Bury | 63.2 |
| 6 | 4 | LEWIS George | ECHT | DNF |
| 7 | | | | |
| 8 | | | | |

400m Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|--------|------|
| 1 | 22 | LAWRENCE Reece Y | Burn | 56.4 |
| 2 | 44 | BRIERLEY Callum Y | ECHT | 57.7 |
| 3 | 55 | COPLEY Reuben Y | Kend | 58.1 |
| 4 | 66 | WORKMAN Richard | Traff | 58.6 |
| 5 | 11 | HARDING James X | Bord H | 64.1 |
| 6 | 33 | HILDITCH Nathan | Bury | 65.2 |
| 7 | | | | |
| 8 | | | | |

800m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|------------------|--------|---------|
| 1 | 4 | HUDAK Joseph | ECHT | 02:01.8 |
| 2 | 3 | COOP Benjamin | Bury | 02:03.8 |
| 3 | 55 | SHUTTLEWORTH Dan | Kend | 02:05.2 |
| 4 | 6 | SINCLAIR Harry Y | Traff | 02:06.3 |
| 5 | 11 | MCKIE Michael X | Bord H | 02:13.0 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

800m Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|--------|---------|
| 1 | 44 | BRIERLEY Callum Y | ECHT | 02:07.0 |
| 2 | 33 | BIRMINGHAM Joshua | Bury | 02:08.0 |
| 3 | 5 | COPLEY Reuben Y | Kend | 02:08.1 |
| 4 | 66 | WALL James | Traff | 02:12.4 |
| 5 | 1 | LITTLE Mitch Y | Bord H | 02:24.9 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

1500m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|----------------|--------|---------|
| 1 | 4 | HUDAK Joseph | ECHT | 04:25.7 |
| 2 | 3 | HARRELD Luke | Bury | 04:26.3 |
| 3 | 2 | MAGEE Mark | Burn | 04:36.7 |
| 4 | 6 | KELLY Greg | Traff | 04:43.2 |
| 5 | 1 | LIDDLE Mitch Y | Bord H | 04:48.3 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

1500m Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|--------|---------|
| 1 | 33 | DONNELLY Oliver X | Bury | 04:35.0 |
| 2 | 44 | MELLOR Jacob | ECHT | 04:51.2 |
| 3 | 11 | MCKIE Michael X | Bord H | 04:56.6 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

5000m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|--------|---------|
| 1 | 6 | KOTARA Matthew | Traff | 16:33.3 |
| 2 | 3 | BIRMINGHAM Joshua | Bury | 16:50.2 |
| 3 | 2 | MAGEE Mark | Burn | 16:57.5 |
| 4 | 4 | BROWNE Gavin | ECHT | 17:29.5 |
| 5 | 1 | HORNSBY Daniel | Bord H | 18:20.7 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

5000m Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|-------|---------|
| 1 | 33 | EVANS Jon | Bury | 16:53.3 |
| 2 | 22 | FLEMING Danny | Burn | 18:01.0 |
| 3 | 44 | HORNER Robin | ECHT | 18:08.2 |
| 4 | 66 | SMALL Christopher | Traff | 18:40.3 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

3000m S/Chase Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------|-------|---------|
| 1 | 6 | O'MEARA Simon | Traff | 11:05.0 |
| 2 | 3 | BABB Patrick | Bury | 11:08.7 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

3000m S/Chase Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------|------|---------|
| 1 | 33 | JOHNSTON Paul | Bury | 11:58.3 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

400m Hurdles Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|-------|------|
| 1 | 6 | PILLINGER Miles Y | Traff | 66.9 |
| 2 | 3 | SHEPHERD Nathan Y | Bury | 69.8 |
| 3 | 2 | LINAKER John | Burn | 70.9 |
| 4 | 5 | KING Shane | Kend | 86.9 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

400m Hurdles Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------|-------|------|
| 1 | 66 | AFTAB Esam X | Traff | 67.8 |
| 2 | 33 | BABB Patrick | Bury | 75.3 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

110m Hurdles Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|-------|------|
| 1 | 6 | HOPKINS Lawrence | Traff | 19.1 |
| 2 | 3 | SHEPHERD Nathan Y | Bury | 20.3 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

110m Hurdles Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|-------|------|
| 1 | 66 | PILLINGER Miles Y | Traff | 19.5 |
| 2 | 33 | CROWSHAW Gary | Bury | 23.6 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

100m N/S Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|-------|------|
| 1 | 6 | OPARANOZIE Nkem | Traff | 11.9 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

100m N/S Men B

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Long Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|--------|------|
| 1 | 6 | LIVINGSTON Jerel X | Traff | 6.83 |
| 2 | 5 | FLEMING Matthew | Kend | 6.21 |
| 3 | 3 | GARSDIE Matthew | Bury | 4.64 |
| 4 | 1 | SALKELD Matthew | Bord H | 4.42 |
| 5 | 2 | WADDINGTON Joshua | Burn | 2.59 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Long Jump Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|--------|------|
| 1 | 66 | WALL James | Traff | 5.84 |
| 2 | 55 | KING Shane | Kend | 5.36 |
| 3 | 33 | ARAIN Michael | Bury | 4.58 |
| 4 | 11 | HARDING James X | Bord H | 4.26 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

High Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|------|------|
| 1=== | 2 | AGHO-PETER Osasu X | Burn | .01 |
| 1=== | 4 | LEWIS George | ECHE | .01 |
| 1=== | 5 | FLEMING Matthew | Kend | .01 |
| 1=== | 3 | DONNELLY Oliver X | Bury | .01 |

High Jump Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------------|------|------|
| 1= | 55 | KING Shane | Kend | .01 |
| 1= | 33 | CROWSHAW Gary | Bury | .01 |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

Triple Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|-------|-------|
| 1 | 5 | FLEMING Matthew | Kend | 12.33 |
| 2 | 6 | JONES Alex | Traff | 11.42 |
| 3 | 33 | ARAIN Michael | Bury | 9.54 |
| 4 | 4 | BROWNE Gavin | ECHT | 9.29 |
| 5 | 2 | LINAKER John | Burn | 7.93 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Triple Jump Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------|------|------|
| 1 | 55 | KING Shane | Kend | 9.66 |
| 2 | 3 | HARRELD Luke | Bury | 9.51 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Pole Vault Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------------|-------|------|
| 1 | 6 | O'MEARA Simon | Traff | 2.20 |

Pole Vault Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|------|-----|---------|------|------|

Shot Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|--------|-------|
| 1 | 66 | MARTIN Michael | Traff | 10.45 |
| 2 | 3 | ARAIN Michael | Bury | 8.64 |
| 3 | 5 | RIGG Andrew | Kend | 8.27 |
| 4 | 44 | LEWIS Martin | ECHT | 7.06 |
| 5 | 2 | LINAKER John | Burn | 6.51 |
| 6 | 1 | HORNSBY Daniel | Bord H | 6.22 |
| 7 | | | | |
| 8 | | | | |

Shot Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|-------|------|
| 1 | 6 | FLETCHER Jacob | Traff | 9.37 |
| 2 | 4 | HUDAK Joseph | ECHT | 6.80 |
| 3 | 33 | GARSIDE Matthew | Bury | 6.48 |
| 4 | 55 | KING Shane | Kend | 5.70 |
| 5 | 22 | LINAKER Mike | Burn | 4.98 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Discus Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------------------|--------|-------|
| 1 | 6 | SARAIIEV Sergii | Traff | 42.98 |
| 2 | 4 | BOYS-MASSEY Dylan Y | ECHT | 22.63 |
| 3 | 1 | MARTIN Kian X | Bord H | 21.94 |
| 4 | 3 | ARAIN Michael | Bury | 21.43 |
| 5 | 2 | LINAKER John | Burn | 20.07 |
| 6 | 55 | KING Shane | Kend | 19.57 |
| 7 | | | | |
| 8 | | | | |

Discus Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|-------|-------|
| 1 | 66 | MARTIN Michael | Traff | 28.35 |
| 2 | 44 | LEWIS Martin | ECHT | 15.86 |
| 3 | 33 | GARSIDE Matthew | Bury | 14.40 |
| 4 | 22 | LINAKER Mike | Burn | 12.85 |
| 5 | 5 | MCGURK Stuart | Kend | 10.60 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

Hammer Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|-------|-------|
| 1 | 6 | SARAIEV Sergii | Traff | 47.19 |
| 2 | 4 | LEWIS Martin | ECHT | 16.48 |
| 3 | 3 | DALE Alison | Bury | 15.72 |
| 4 | 2 | LINAKER Mike | Burn | 15.40 |
| 5 | 5 | KING Shane | Kend | 13.58 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Hammer Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|-------|-------|
| 1 | 66 | MARTIN Michael | Traff | 35.85 |
| 2 | 33 | GARSIDE Matthew | Bury | 12.80 |
| 3 | 55 | MCGURK Stuart | Kend | 5.55 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Javelin Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|--------|-------|
| 1 | 1 | MARTIN Kian X | Bord H | 39.46 |
| 2 | 6 | FLETCHER Jacob | Traff | 36.80 |
| 3 | 55 | FLEMING Matthew | Kend | 31.14 |
| 4 | 33 | GARSIDE Matthew | Bury | 28.48 |
| 5 | 2 | LINAKER John | Burn | 22.41 |
| 6 | 44 | LEWIS Martin | ECHT | 15.98 |
| 7 | | | | |
| 8 | | | | |

Javelin Men B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------|-------|-------|
| 1 | 66 | SCIACCA Ryan | Traff | 29.50 |
| 2 | 5 | RIGG Andrew | Kend | 26.62 |
| 3 | 3 | BABB Patrick | Bury | 22.32 |
| 4 | 22 | LINAKER Mike | Burn | 14.99 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 100m Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|--------|--|------|
| 1 | 4 | ECHT | HUDAK Joseph ALLISON Roman X COOGAN Mike DUNCAN Joshua | 47.4 |
| 2 | 6 | Traff | PILLINGER Miles Y DANIA Ayoola X JONES Alex OPARANOZIE Nkem | 48.6 |
| 3 | 3 | Bury | HARRELD Luke MALHOTRA Akshay Y CROWSHAW Gary SHEPHERD Nathan Y | 51.3 |
| 4 | 2 | Burn | AGHO-PETER Osasu X LAWRENCE Reece Y LINAKER John MAGEE Mark | 52.2 |
| 5 | 1 | Bord H | MARTIN Kian X MCKIE Michael X LIDDLE Mitch Y HORNSBY Daniel | 56.0 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 400m Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|-------|--|---------|
| 1 | 6 | Traff | HOPKINS Lawrence WORKMAN Richard KELLY Greg JONES Alex | 04:00.8 |
| 2 | 4 | ECHT | HUDAK Joseph BROWNE Gavin DUNCAN Joshua BRIERLEY Callum Y | 04:04.2 |
| 3 | 3 | Bury | HILDITCH Nathan JOHNSTON Paul BIRMINGHAM Joshua HARRELD Luke | 04:07.3 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

100m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|--------|------|
| 1 | 6 | CONNOR Ellina X | Traff | 13.1 |
| 2 | 4 | NELSON Holly X | ECHT | 13.2 |
| 3 | 1 | BILLS Melissa X | Bord H | 13.4 |
| 4 | 3 | MELINGI Viola | Bury | 13.5 |
| 5 | 2 | GOODWILL Helen | Burn | 15.1 |
| 6 | 5 | SCREEN Lisa | Kend | 16.7 |
| 7 | | | | |
| 8 | | | | |

100m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|--------|------|
| 1 | 66 | RANKINE Molly X | Traff | 13.0 |
| 2 | 33 | WORTHINGTON Daisy X | Bury | 13.0 |
| 3 | 11 | HARDING Emma X | Bord H | 14.6 |
| 4 | 22 | CORNS Kasey X | Burn | 15.6 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

200m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|--------|------|
| 1 | 6 | CONNOR Ellina X | Traff | 27.6 |
| 2 | 4 | NELSON Holly X | ECHT | 28.3 |
| 3 | 3 | MELINGI Viola | Bury | 28.7 |
| 4 | 1 | ROME Hannah X | Bord H | 29.3 |
| 5 | 2 | HOLT Rachel | Burn | 31.9 |
| 6 | 5 | SCREEN Lisa | Kend | 37.0 |
| 7 | | | | |
| 8 | | | | |

200m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|--------|------|
| 1 | 66 | SMITH Chayce | Traff | 27.1 |
| 2 | 44 | LEWIS Megan X | ECHT | 28.6 |
| 3 | 33 | IRELAND Charlie X | Bury | 29.7 |
| 4 | 11 | HARDING Emma X | Bord H | 32.4 |
| 5 | 22 | GOODWILL Helen | Burn | 34.5 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

400m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|--------|------|
| 1 | 6 | SMITH Chayce | Traff | 61.4 |
| 2 | 4 | O'NEILL Abby Y | ECHT | 65.4 |
| 3 | 3 | COOK Christie | Bury | 66.8 |
| 4 | 1 | BILLS Melissa X | Bord H | 69.0 |
| 5 | 2 | HOLT Rachel | Burn | 70.1 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

400m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|-------|------|
| 1 | 66 | HOCKING Chloe | Traff | 61.6 |
| 2 | 44 | LEWIS Megan X | ECHT | 65.1 |
| 3 | 33 | HARLAND Nicola | Bury | 70.5 |
| 4 | 22 | STANFIELD Lydia Y | Burn | 98.3 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

800m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|----------------|-------|---------|
| 1 | 6 | CAULEY Amy | Traff | 02:30.4 |
| 2 | 3 | COOK Christie | Bury | 02:31.7 |
| 3 | 4 | O'NEILL Abby Y | ECHT | 02:37.4 |
| 4 | 2 | SMITH Amber Y | Burn | 03:55.0 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

800m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------------|------|---------|
| 1 | 33 | HARLAND Nicola | Bury | 02:50.8 |
| 2 | 44 | WATERS Katherine X | ECHT | 02:51.3 |
| 3 | 22 | GOODWILL Helen | Burn | 04:36.1 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

1500m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|--------|---------|
| 1 | 6 | KILCOURSE Lis | Traff | 05:07.2 |
| 2 | 1 | MCKEOWN Clare | Bord H | 05:14.8 |
| 3 | 3 | RHYS PRICE Hannah | Bury | 05:26.9 |
| 4 | 44 | SIMPSON Hayley | ECHT | 05:38.9 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

1500m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|------|---------|
| 1 | 33 | GEELAN Katie | Bury | 05:47.9 |
| 2 | 4 | MCMANUS Bethany | ECHT | 05:56.6 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

3000m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|------|---------|
| 1 | 3 | RHYS PRICE Hannah | Bury | 11:05.7 |
| 2 | 44 | SIMPSON Hayley | ECHT | 11:37.0 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

3000m Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|------|---------|
| 1 | 33 | THOMAS Sarah | Bury | 11:40.3 |
| 2 | 4 | MCMANUS Bethany | ECHT | 11:56.4 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

400m Hurdles Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------------|------|------|
| 1 | 3 | SPEAKMAN-FARNWORTH Char | Bury | 72.4 |
| 2 | 4 | LEWIS Megan X | ECHT | 75.1 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

400m Hurdles Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|------|------|
| 1 | 33 | CESHIRE Elizabeth | Bury | 77.7 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

100m Hurdles Women A

| Posn | Athlete | Club | Perf |
|------|---------------------|------|-------|
| 1 | 4 ALFORD Lauren | ECHT | 17.40 |
| 2 | 3 IRELAND Charlie X | Bury | 19.40 |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |

100m Hurdles Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|------|-------|
| 1 | 33 | CESHIRE Elizabeth | Bury | 20.90 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

1500m S/Chase Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

1500m S/Chase Women B

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

100m N/S Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1 | 98 | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m N/S Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------------------|--------|------|
| 1 | 3 | WORTHINGTON Daisy X | Bury | 5.09 |
| 2 | 4 | ALFORD Lauren | ECHT | 4.74 |
| 3 | 1 | BILLS Melissa X | Bord H | 4.59 |
| 4 | 6 | CONNOR Ellina X | Traff | 4.23 |
| 5 | 2 | HOLT Rachel | Burn | 3.89 |
| 6 | 5 | SCREEN Lisa | Kend | 3.30 |
| 7 | | | | |
| 8 | | | | |

Long Jump Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|--------|------|
| 1 | 44 | MCMANUS Bethany | ECHT | 4.18 |
| 2 | 33 | CHESHIRE Elizabeth | Bury | 4.14 |
| 3 | 22 | CORNS Kasey X | Burn | 3.77 |
| 4 | 11 | ROME Hannah X | Bord H | 3.54 |
| 5 | 55 | NORTON Lisa | Kend | 2.18 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

High Jump Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|-------|------|
| 1== | 6 | LESTER Amy Y | Traff | 0.01 |
| 1== | 4 | ALFORD Lauren | ECHT | 0.01 |
| 1== | 3 | RHYS PRICE Hannah | Bury | 0.01 |

High Jump Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------------|------|------|
| 1 | 33 | SPEAKMAN-FARNWORTH Chai | Bury | 0.01 |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

Triple Jump Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------------|--------|------|
| 1 | 4 | ALFORD Lauren | ECHT | 9.88 |
| 2 | 33 | CHESHIRE Elizabeth | Bury | 9.52 |
| 3 | 1 | HETHERINGTON Charlotte Y | Bord H | 7.98 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Triple Jump Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------------|------|------|
| 1 | 3 | SPEAKMAN-FARNWORTH Char | Bury | 9.27 |
| 2 | 44 | MCMANUS Bethany | ECHT | 8.90 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Pole Vault Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|-----------|------|
| 1 | 98 | | No Compet | |

Pole Vault Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|------|-----|---------|------|------|

Shot Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|--------|------|
| 1 | 6 | BATE Jemma | Traff | 9.77 |
| 2 | 4 | ALFORD Lauren | ECHT | 7.22 |
| 3 | 3 | SAWKUYCZ Xenia | Bury | 6.82 |
| 4 | 2 | GOODWILL Helen | Burn | 6.33 |
| 5 | 5 | SCREEN Lisa | Kend | 6.32 |
| 6 | 1 | HARDING Emma X | Bord H | 6.08 |
| 7 | | | | |
| 8 | | | | |

Shot Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|-------|------|
| 1 | 66 | HARDING Joanne | Traff | 7.75 |
| 2 | 44 | ANDREWS Wendy | ECHT | 5.50 |
| 3 | 55 | NORTON Lisa | Kend | 5.38 |
| 4 | 22 | FINCH Caitlyn X | Burn | 5.17 |
| 5 | 33 | HARVEY Jessica | Bury | 4.68 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Discus Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|-------|-------|
| 1 | 6 | BATE Jemma | Traff | 36.47 |
| 2 | 3 | SAWKUYCZ Xenia | Bury | 24.63 |
| 3 | 2 | GOODWILL Helen | Burn | 21.88 |
| 4 | 4 | O'NEILL Abby Y | ECHT | 21.45 |
| 5 | 5 | SCREEN Lisa | Kend | 14.05 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Discus Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|-------|-------|
| 1 | 44 | WATERS Katherine X | ECHT | 16.96 |
| 2 | 66 | HARDING Joanne | Traff | 16.06 |
| 3 | 22 | CORNS Kasey X | Burn | 14.49 |
| 4 | 55 | NORTON Lisa | Kend | 12.80 |
| 5 | 33 | HARVEY Jessica | Bury | 10.99 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND WEST Division 3WC @ Ashton-under-Lyne

10/08/2019

Hammer Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|-------|-------|
| 1 | 6 | BATE Jemma | Traff | 38.41 |
| 2 | 3 | SAWKUYCZ Xenia | Bury | 28.11 |
| 3 | 2 | GOODWILL Helen | Burn | 21.96 |
| 4 | 5 | SCREEN Lisa | Kend | 15.11 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Hammer Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|-------|-------|
| 1 | 66 | HARDING Joanne | Traff | 28.39 |
| 2 | 22 | STANFIELD Lydia Y | Burn | 20.57 |
| 3 | 33 | HARVEY Jessica | Bury | 17.78 |
| 4 | 55 | NORTON Lisa | Kend | 12.97 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Javelin Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------|-------|-------|
| 1 | 6 | BATE Jemma | Traff | 25.95 |
| 2 | 2 | STANFIELD Lydia Y | Burn | 25.62 |
| 3 | 4 | O'NEILL Abby Y | ECHT | 25.36 |
| 4 | 55 | NORTON Lisa | Kend | 14.72 |
| 5 | 3 | SAWKUYCZ Xenia | Bury | 13.12 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

Javelin Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|-------|-------|
| 1 | 66 | HARDING Joanne | Traff | 23.73 |
| 2 | 44 | WATERS Katherine X | ECHT | 18.95 |
| 3 | 22 | FINCH Caitlyn X | Burn | 16.86 |
| 4 | 33 | HARVEY Jessica | Bury | 8.22 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 100m Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|--------|--|-------|
| 1 | 6 | Traff | CONNOR Ellina X RANKINE Molly X SMITH Chayce HOCKING Chloe | 53.60 |
| 2 | 3 | Bury | AKINNAYAJI Bolanje X IRELAND Charlie X MELINGI Viola WORTHINGTON D | 56.60 |
| 3 | 4 | ECHT | O'NEILL Abby Y MCMANUS Bethany WATERS Katherine X NELSON Holly X | 58.30 |
| 4 | 1 | Bord H | HARDING Emma X ROME Hannah X MCKEOWN Clare BILLS Melissa X | 59.70 |
| 5 | 2 | Burn | HOLT Rachel STANFIELD Lydia Y FINCH Caitlyn X CORNS Kasey X | 69.00 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 400m Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|-------|---|---------|
| 1 | 6 | Traff | SMITH Chayce HOCKING Chloe CAULEY Amy RANKINE Molly X | 04:27.1 |
| 2 | 3 | Bury | SPEAKMAN-FARNWORTH Charlotte X COOK Christie AKINNAYAJI Bolanje X | 04:37.4 |
| 3 | 4 | ECHT | LEWIS Megan X SIMPSON Hayley ALFORD Lauren MCMANUS Bethany | 05:03.6 |
| 4 | 2 | Burn | SOUTHAM Sarah STANFIELD Lydia Y GOODWILL Helen SMITH Amber Y | 06:39.0 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |